iHealth Quick Reference

SAN BERNARDINO COUNTY | COVID–19 Response

iHealth® COVID-19 Antigen Rapid Test

2 TESTS

Self-Test At Home Results In 15 Mins

FDA Emergency Use Authorization

Steps to complete your iHealth COVID-19 Antigen Rapid Test from home

STEP 1
Thoroughly clean a surface for use as a testing area and wash your hands with soap and water.

STEP 2
Carefully lay out all sealed contents of your test kit, which includes: 2 swabs, 2 test tubes (solution distribution varies by kit) and 2 test cards.

STEP 3
Remove the test card and swab from the packaging. Place your card upright and be sure to avoid contaminating the tip of the test swab.

STEP 4
Simply insert the swab at least 1/2 inch to 3/4 of an inch inside your nostril and rotate the swab in a circular motion. Insert the swab in your other nostril and repeat the step.

STEP 5
Insert the swab into the solution and rotate it at least 15 times to ensure that the tip is saturated with the sample and solution. As you remove the swab from the tube, squeeze the sides of the tube to ring every last drop. Then, place the lid back onto the tube.

STEP 6
Test the sample by removing the small dropper lid and squeezing three drops of the solution from the tube into the receiving port of the test card. Wait 15 minutes to receive results. Once you receive your results, be sure to read them within 15 minutes, as results will be invalid thereafter.
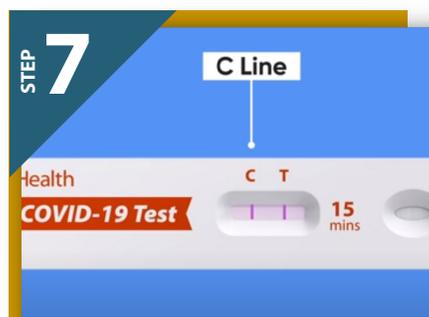
STEP 7
A valid test strip will always include a line at the Control or "C" line, which tells that the sample is successfully absorbed. If no line appears, then the test card is invalid.
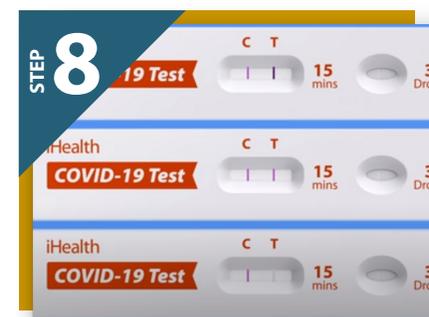
STEP 8
The "T" is the Test line and will only appear if you test positive for the virus. Any line under the "T" is an indication of a positive test result. If there is no line, then you have tested negative.

STEP 9
Dispose of contaminated contents once complete. If you test positive, be sure to seek advice from a medical professional on your next step.

To view the instructional video visit www.ihealthlabs.com