

How long to keep away from others (quarantine) if you've had contact with someone with COVID-19



#SBCountyTogether

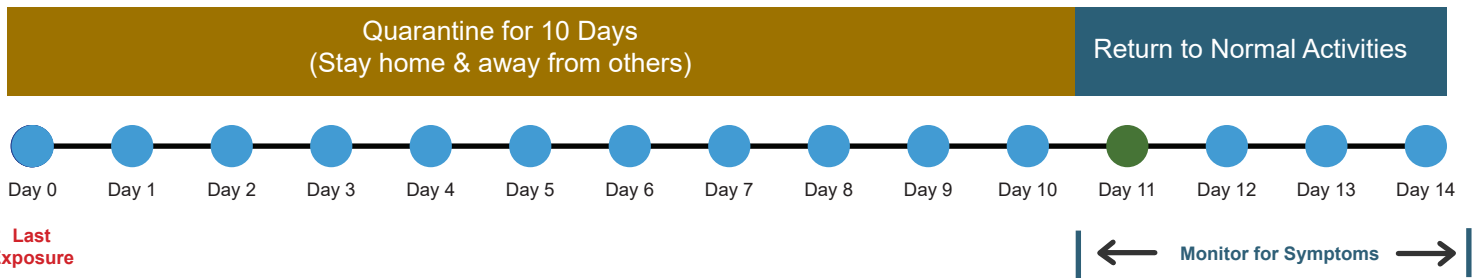
Protecting Our County Through COVID-19

10-Day At-Home (Standard) Quarantine

Who's eligible?

~ Children & adults

~ Must be UNVACCINATED & ASYMPTOMATIC



Requirements:

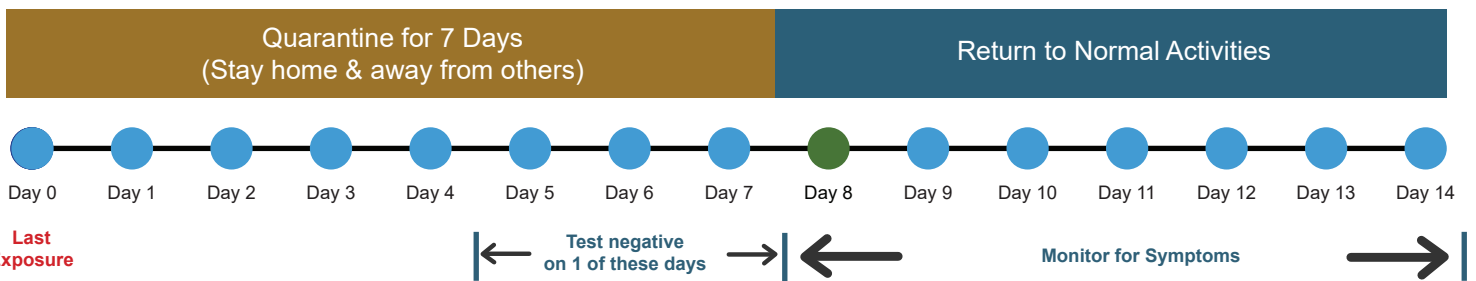
~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

7-Day+ At-Home (Shortened) Quarantine

Who's eligible?

~ Children & adults

~ Must be UNVACCINATED & ASYMPTOMATIC



Requirements:

~ Test negative on or after Day 5 required to release from quarantine as early as Day 8

~ Students/staff who do not meet the testing timeline must switch to 10-day (Standard) Quarantine

~ Students/staff who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward

~ **Students/staff who develop COVID-19 symptoms or test positive during quarantine must isolate immediately**

+If test results are not received by the quarantine release date (Day 8), the student/staff should remain in quarantine until the negative test result is received or Day 11, whichever comes first.

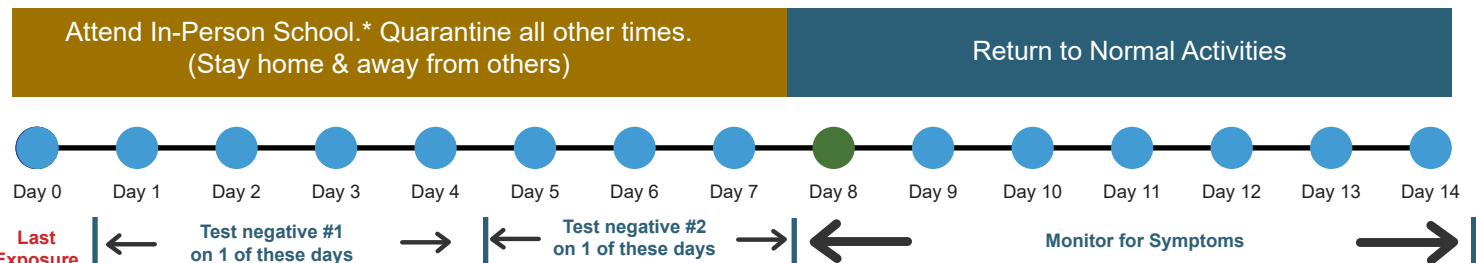
7-Day+ In-School (Modified) Quarantine

Who's eligible?

~ Students - for exposures in supervised TK-12 school settings

~ Must be UNVACCINATED & ASYMPTOMATIC

~ Close contact & positive case both masked during exposure



Requirements:

~ Test as soon as possible after learning about the exposure

~ Test negative on or after Day 5 required to release from quarantine as early as Day 8

~ Students who do not meet the testing timeline must stop attending in-person class & switch to 10-day (Standard) Quarantine

~ Students who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward

~ **Students who develop COVID-19 symptoms or test positive during quarantine must isolate immediately**

*Students in Modified Quarantine may attend before- & after-school programs located on their own school campuses. No sports. No high-risk activities (e.g., wind instruments, choir). No participation in any other extracurricular or community activities. Stay home & away from others.

+If test results are not received by the quarantine release date (Day 8), the student should remain in quarantine until the negative test result is received or Day 11, whichever comes first.

If school staff require additional guidance, please reach out to your San Bernardino County School Response Team Investigator or email the SRT@DPH.SBCOUNTY.GOV.