The COVID-19 Vaccine Is Here And It’s Safe!

Will a COVID-19 vaccination protect me from getting sick with COVID-19?

Yes. COVID-19 vaccination works by teaching your immune system how to recognize and fight the virus that causes COVID-19, and this protects you from getting sick with COVID-19.

Being protected from getting sick is important because even though many people with COVID-19 have only a mild illness, there is no way to know how COVID-19 will affect you, even if you don’t have an increased risk of developing severe complications.

Help stop the pandemic by getting vaccinated

Even if you are undocumented and/or don’t have insurance, you can get the vaccine—for free.

- Visit VaccinateALL58.com for the newest information about when and where the vaccine will be available to you.
- Sign up at myturn.ca.gov or call 1-833-422-4255 to find out if it’s your turn to get vaccinated and schedule vaccination appointments.

Follow us on social media for more COVID-19 tips and information. @ELSOLNEC

Myths and Facts
ABOUT COVID-19 VACCINES

El Sol Neighborhood Educational Center
San Bernardino County COVID-19 Response
Can a COVID-19 vaccine make me sick with COVID-19?

No. None of the authorized and recommended COVID-19 vaccines or COVID-19 vaccines currently in development in the U.S contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19.

There are different types of vaccines in development and all of them teach our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process may cause symptoms, such as fever but they are normal signs that the body is building protection against the virus that causes COVID-19.

If I have already had COVID-19 and recovered, do I still need to get vaccinated with a COVID-19 vaccine?

Yes, you should be vaccinated regardless of whether you already had COVID-19. That’s because experts do not yet know how long you are protected from getting sick again after recovering from COVID-19. Even if you have already recovered from COVID-19, it is possible—although rare—that you could be infected with the virus that causes COVID-19 again.

Learn more about why getting vaccinated is a safer way to build protection than getting infected at www.cdc.gov/coronavirus.

Will I test positive for COVID-19 on a viral test after getting the vaccine?

No. Neither the recently authorized and recommended vaccines nor the other COVID-19 vaccines currently in clinical trials in the United States can cause you to test positive on viral tests, which are used to see if you have a current infection.

If your body develops an immune response—the goal of vaccination—there is a possibility you may test positive on some antibody tests. Antibody tests indicate you had a previous infection and that you may have some level of protection against the virus. Experts are currently looking at how COVID-19 vaccination may affect antibody testing results.

Will a COVID-19 vaccine alter my DNA?

No. COVID-19 mRNA vaccines do not change or interact with your DNA in any way. Messenger RNA vaccines also called mRNA vaccines are the first COVID-19 vaccines authorized for use in the U.S. mRNA vaccines teach our cells how to make a protein that triggers an immune response. The mRNA from a COVID-19 vaccine never enters the nucleus of the cell, which is where our DNA is kept. This means the mRNA cannot affect or interact with our DNA in any way, instead, it work with the body’s natural defenses to safely develop immunity to disease.

Is it safe for me to get a COVID-19 vaccine if I would like to have a baby one day?

Yes. People who want to get pregnant in the future may receive the COVID-19 vaccine. Based on current knowledge, experts believe that COVID-19 vaccines are unlikely to pose a risk to a person trying to become pregnant in the short or long term.