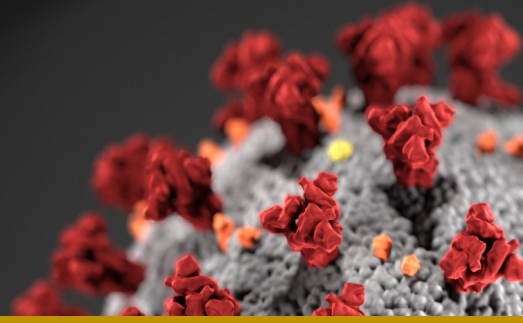


COVID-19 ADVISORY & GUIDANCE UPDATE



November 12, 2020

SBCovid19.com

This update summarizes news, guidance, advisories, and legislative and executive actions taken by federal, state and local governments that impact San Bernardino County and its response to the Novel Coronavirus 2019 (COVID-19) crisis.

- **November 12** - The Centers for Disease Control and Prevention (CDC) issued [Science Agenda: Building the Evidence Base for Ongoing COVID-19 Response, 2020-2023](#). The aim of this site is to guide the development of the evidence base needed to strengthen the public health actions, guidance, and policy essential to limit the spread and impact of SARS-CoV-2 and ultimately end the COVID-19 pandemic.
- **November 11** - The National Institutes of Health issued a news release describing how [treatments for people with early COVID-19 infections is an urgent research focus](#).
- **November 10** - The Centers for Disease Control and Prevention (CDC) issued updated guidance for:
 - [Holiday Celebrations](#). The guidance added recommendations to consider when planning a holiday gathering;
 - Community levels of COVID-19
 - Duration of gathering (with updated close contact definition)
 - [Celebrating Thanksgiving](#). Advises that this holiday presents an increased risk of spreading COVID-19 or flu and adds the following recommendations::
 - Have an outdoor meal
 - Have guest bring their own food and drinks
 - [Long-Term Effects of COVID-19](#). While most persons with COVID-19 recover and return to normal health, some patients can have symptoms that can last for weeks or even months after recovery from acute illness. Even people who are not hospitalized and who have mild illness can experience persistent or late symptoms.
 - [Late Sequelae of COVID-19](#) looks at persistent symptoms are being reported among COVID-19 survivors, including individuals who initially experience a mild acute illness. These persistent symptoms pose new challenges to patients, healthcare providers, and public health practitioners.



COVID-19 Response